

Cumberland County Minor Hockey Association – Policy Manual

CATEGORY: Team Management	LAST REVIEW: 2025
POLICY NUMBER: 6.3	DATE APPROVED: May 29, 2025
TITLE: Female Players & Bench Moms	
PURPOSE: To provide guidance and supports for female players of CCMHA.	
RELATED GUIDELINES/DOCUMENTS: Dressing Room Policy	

1. INTRODUCTION

CCMHA welcomes both female and male hockey players into its organization. During Evaluations and development of teams, CCMHA will use its best efforts to ensure that more than one female is placed on a team. This creates a more enjoyable environment for the female players during the season.

2. DRESSING ROOMS

In accordance with the Dressing Room Policy, should female players be placed on a team, the following rules shall apply:

- A separate/private changing area shall be provided for the youth subject to the approval of the parents.
- No one will be allowed in the separate changing room except the female parent.
- Should there be more than one female in the changing area from different families, the parents must receive consent from the other parent(s) before entering the change area while the other youth are present.

Coaches are to ensure that the female hockey players are dressed and in the main team dressing room prior to any team discussions.

3. BENCH MOM

Prior to the commencement of the hockey season, teams with a female player(s) are to nominate a Bench Mom. Should an injury occur to a female player during a game or practice, the Bench Mom is the only female (outside of a female coach) who is allowed onto the bench or onto the ice.

Once the injured female is in the dressing room, the following shall apply:

- One or both of the parents must be present.
- In the event the parents are not present, the bench mom or other female adult from the team must be present in the dressing room.

Bench moms are required to have:

- A current, valid Criminal Records Check;
- A current, valid Vulnerable Sectors Check;
- Respect in Sport and Speak Out certified at the level indicated by Hockey Canada, Hockey Nova Scotia and CCMHA.

4. REVIEW

The Policy will be reviewed by Cumberland County Minor Hockey on an annual basis.